

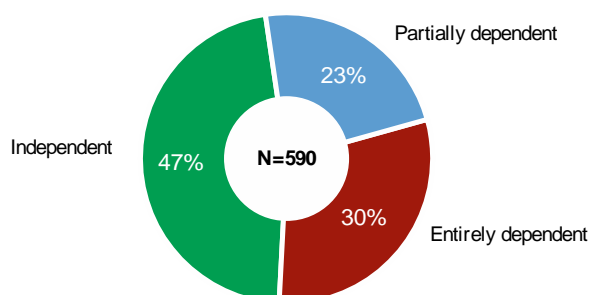
Adult children living with parents

In the life cycle of individuals and families, moving out of the parents' home is an important threshold. From the perspective of the individual it is an indicator of adulthood, from the perspective of the family it signifies contraction, i.e. shrinking of the family after the "release of children into the world." It is impossible to pinpoint precisely the age at which this event should take place, as the socio-economic changes observed today have a significant impact on the time and nature of this type of breakthrough event. One of the effects of these changes is the shift in time, or delay of the moment of leaving the family home.

Nearly two fifths of Poles (38%) admit that in their immediate family there is at least one unmarried adult who still lives in the same household with their parents (guardians).

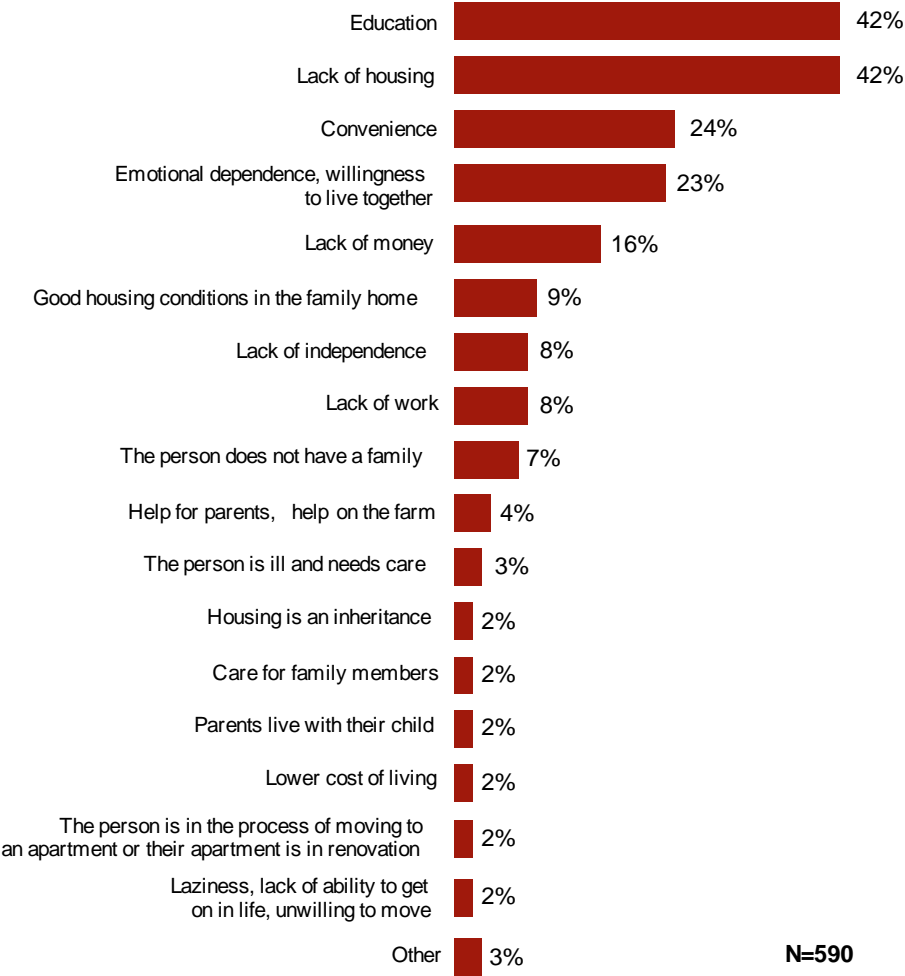
According to research, the majority (59%) of unmarried adults who live with their parents are men. More than half of this group are young people aged 18-24. One third are 25 to 34 years old and the remainder are 35 or older. Compared to 2005, we have recorded an increase in the proportion of people living with their parents in the age group 25-44.

Financial (in)dependence of unmarried adults living with their parents



Respondents in whose families adult children still live with their parents usually mention economic factors: lack of housing (42%), lack of money (16%), lack of work (8%), lower living expenses (2%). Education and related obligations are the reason for sharing household with parents for two-fifths (42%). A quarter postpone independent life because of comfort (24%) or laziness (2%), and another quarter live with parents due to emotional dependence, subjective ties and their own will to live with parents (23%).

Why are adults in your family living with their parents?



More information about this topic can be found in CBOS report in Polish: "Adult Children Living with Parents", July 2017. Fieldwork for national sample: June 2017, N=1020. The random address sample is representative for adult population of Poland.