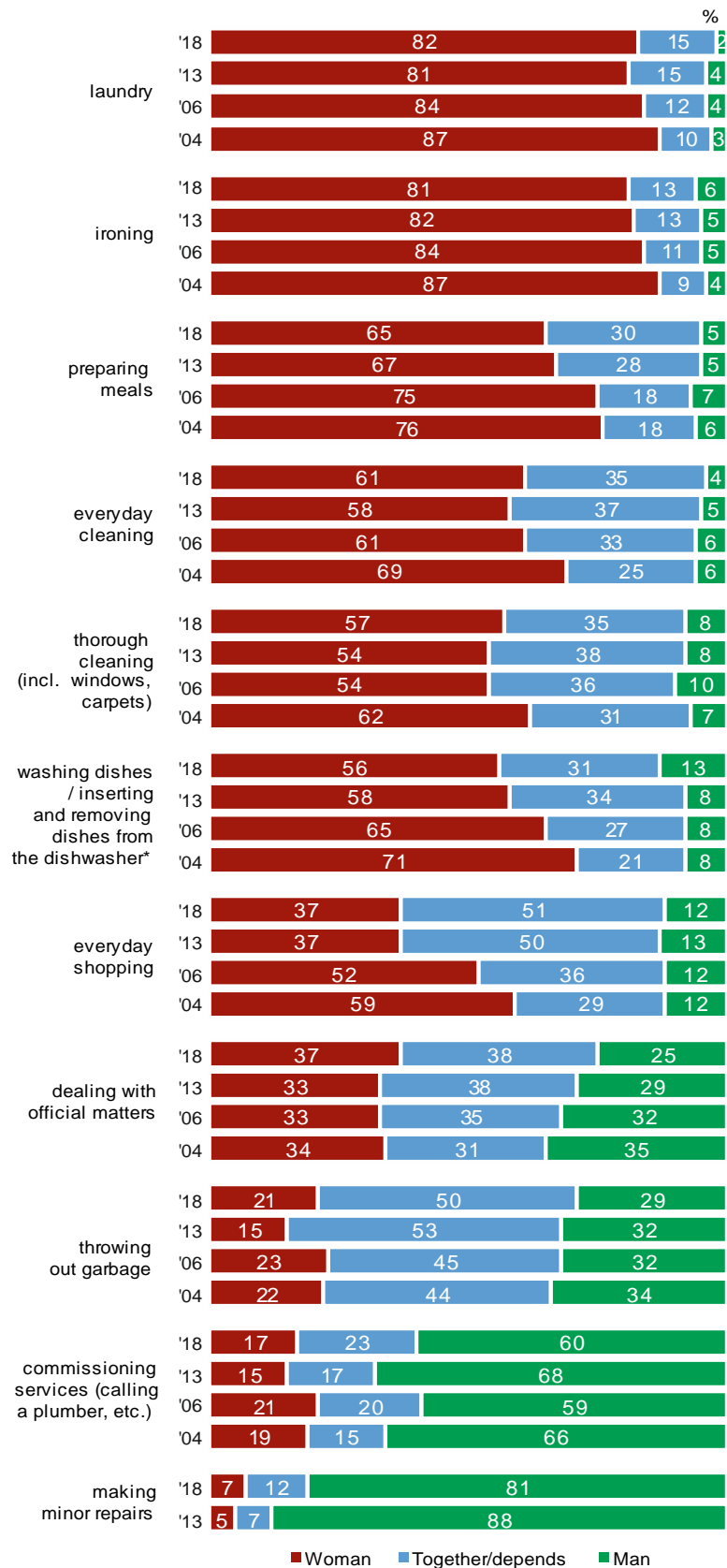


## **Men and women at home**

Women are involved in household duties to a much greater extent than men. According to declarations, in the vast majority of households with at least two adults, only women are responsible for washing (82%) and ironing (81%). In almost two-thirds of households (65%) only women prepare meals. In addition, more than half of respondents declare that in their households only women are tasked with everyday cleaning (61%), thorough cleaning (57%) and washing dishes (56%). A more egalitarian division between men and women concerns everyday shopping and throwing out rubbish. In half of households there are no people permanently involved in these activities (51% and 50% respectively). Also, dealing with official matters in 38% of households is performed jointly or sometimes by the woman and sometimes by the man. Men usually perform small repairs at home (81%) and are tasked with outsourcing services (60%).

Over the past five years, the division of household duties has changed relatively little. However, the direction of these changes draws attention. Men have slightly fewer tasks to perform on their own (like commissioning services, throwing out rubbish or dealing with official matters), while women have some more duties (cleaning and some tasks previously largely done by men). The only activity that men do more often compared with 2013 is washing dishes. The change is probably due to the fact that in this year's study we have expanded the category of dishwashing by putting and removing dishes from the dishwasher.

## Who usually performs the following duties in your household:



\* From 2018.

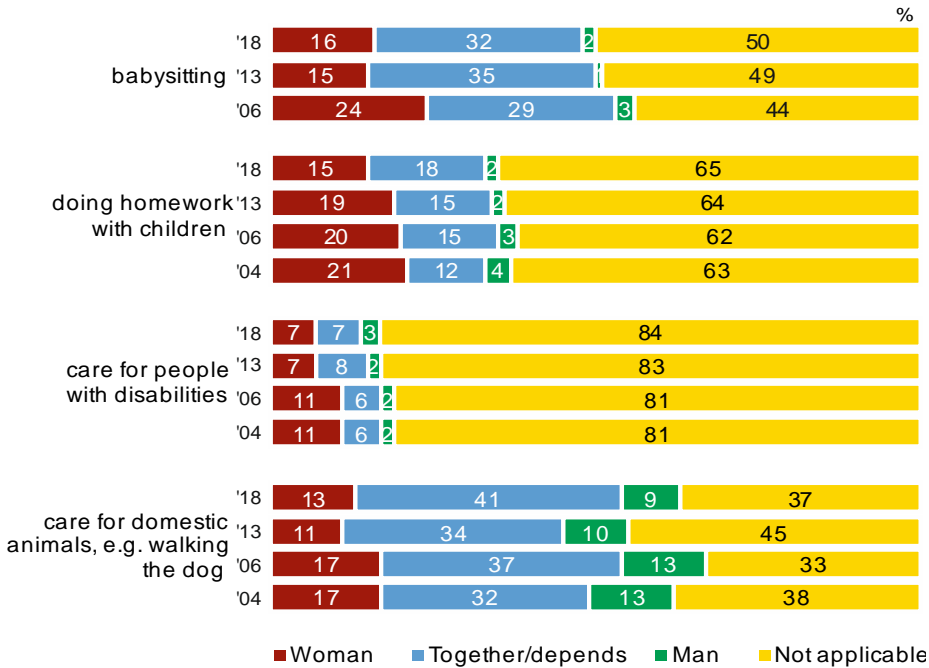
Respondents from households in which there is only one adult are excluded

From a longer-term perspective (since 2004), it can be seen that more household responsibilities are currently shared between men and women. This primarily concerns everyday shopping and preparing meals.

Care and education of children are generally also the responsibility of women. The percentage of households in which only the man performs childcare, helps with homework or cares for people with disabilities does not exceed 3%.

In the last 5 years, the percentage of households in which only the woman has the responsibility to do homework with children has fallen, and more often men and women share this task. Care for domestic animals is also more often carried out interchangeably or jointly compared with 2013. Increased sharing of care duties is even more visible from a longer-term perspective.

**Who usually performs the following duties in your household:**



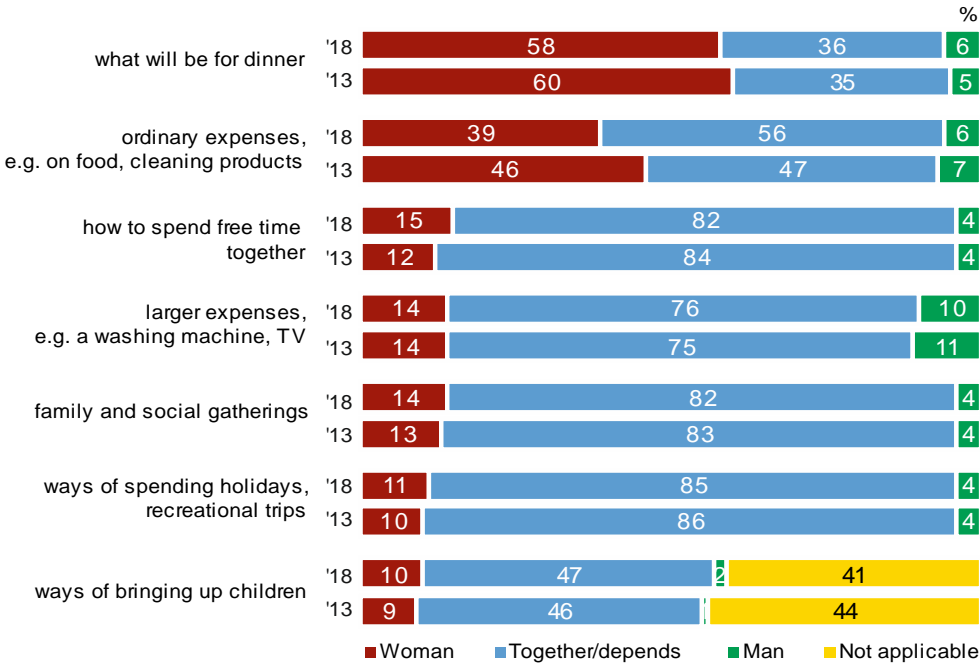
*Respondents from households in which there is only one adult are excluded*

Making decisions is much more often shared between household members than performing duties. Therefore, it can be concluded that it is up to women to do most of the activities at home, and thus also to manage tasks, while decisions about expenses (especially larger expenditures), ways of spending time or raising children are under joint consideration.

Among the issues considered in the study, only the choice of what to have for dinner in most Polish homes (58%) is the woman's exclusive decision.

Over the last 5 years, there has been a decrease in the percentage of households in which decisions about everyday expenses (e.g. shopping for food) is made only by the woman, with a corresponding increase in the number of households where both partners make this decision. As regards other matters (bigger expenses, family and social gatherings, spending holidays and free time, and raising children) there have been no significant changes.

**Who in your household usually decides:**



*Respondents from households in which there is only one adult are excluded*

More information about this topic can be found in CBOS report in Polish: "Women and Men at Home", September 2018. Fieldwork for national sample: August 2018, N=1066. The random address sample is representative for adult population of Poland.