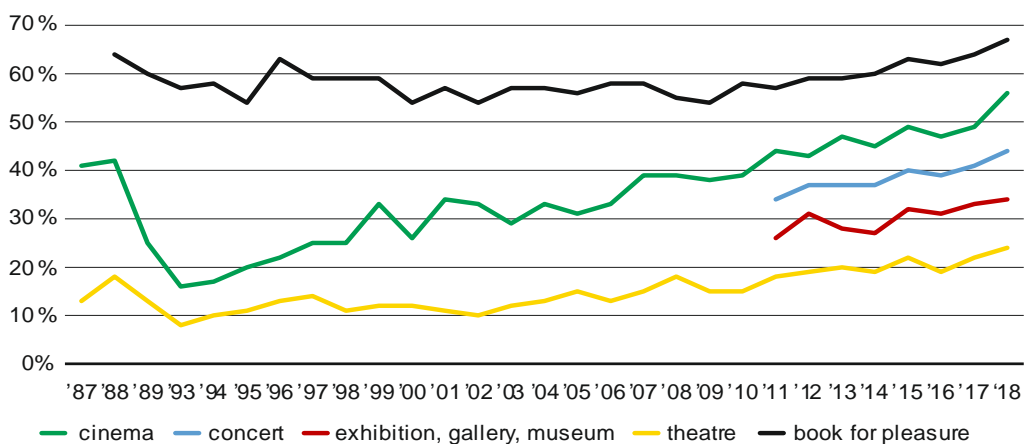


Leisure time activities

Compared to previous year, participation in culture increased in 2018. Many more people went to the cinema (56%, an increase by 7 percentage points), slightly more went to a concert (44%, an increase by 3 points), exhibition (34%, an increase by 1 point) and to the theatre (24%, an increase by 2 points). There were also more people who declared that they had read a book for pleasure (67%, an increase by 3 points). Participation rates in culture are the highest recorded so far.

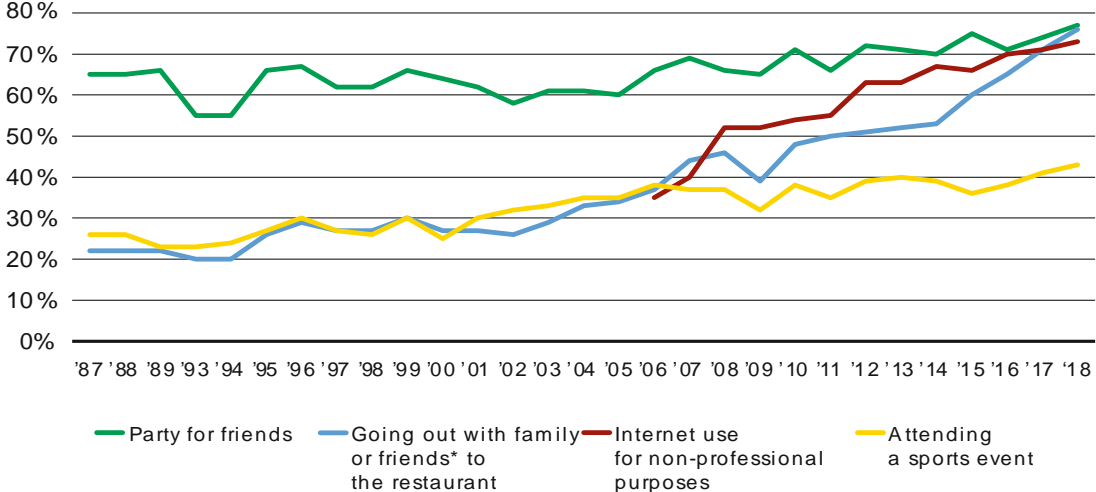
Activities undertaken by respondents at least once in a given year:



Percentage of indications in a given year

There has also been an increase in the frequency in declarations regarding other free time activities. Over three-quarters of people organized a party for friends and acquaintances last year (an increase by 3 percentage points compared to 2017) and went to a restaurant with family or friends (a 5-point increase). The share of people who at least once in the previous year went to a sports event has also increased by 2 percentage points, reaching 43%. The percentage of people using the Internet for non-professional purposes has been steadily increasing since 2006 and currently 73% of all Poles do it.

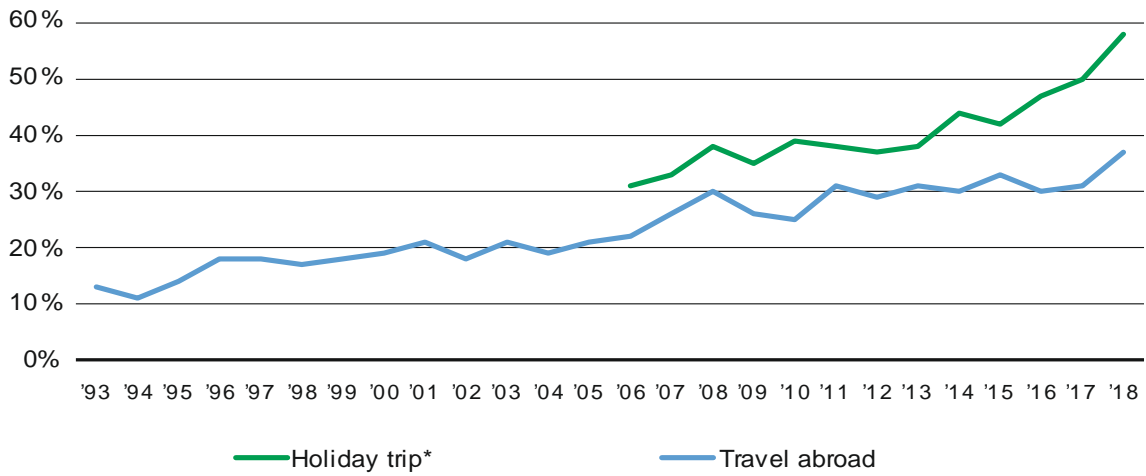
Activities undertaken by respondents at least once in a given year:



Percentage of indications in a given year
** Before 2016, the question concerned only going out with the family*

Over the last year, the share of Poles declaring a holiday trip or travel abroad has significantly increased. Over half of respondents (58%) went on a holiday trip at least once in 2018, which is 8 percentage points more than in 2017. Foreign trips are declared by 37% of respondents, a 6-point increase compared to 2017. In both cases, these are the highest results obtained so far.

Activities undertaken by respondents at least once in a given year:



Percentage of indications in a given year

* Before 2016, the question concerned holiday with the family

More information about this topic can be found in CBOS report in Polish: "Activities and Experiences of Poles in 2018", February 2019. Fieldwork for national sample: January 2019, N=928. The random address sample is representative for adult population of Poland.