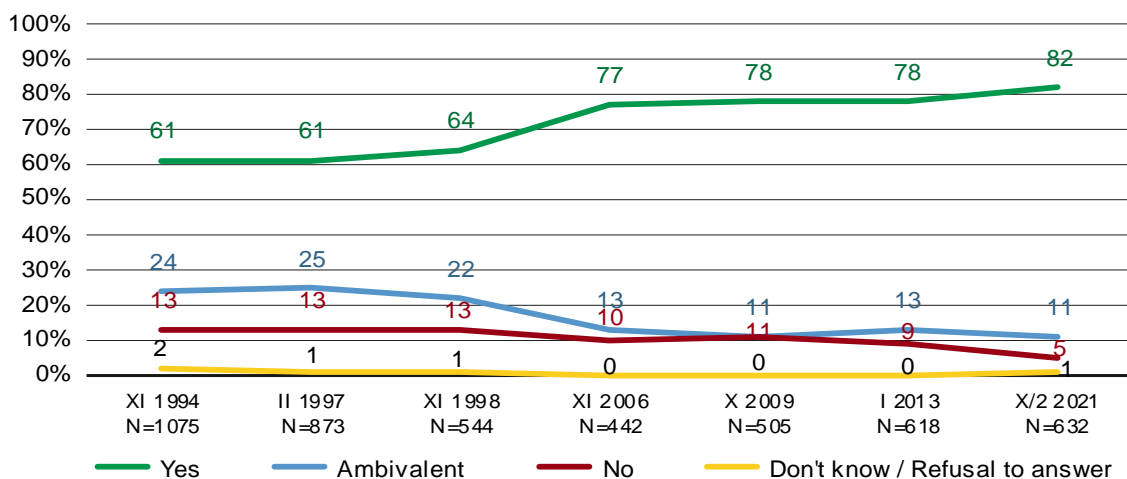


Satisfaction with work

More than four-fifths of the employed (82%) express satisfaction with their work, of which 37% are very satisfied. One in twenty employees voices dissatisfaction. In the 21st century, the percentage of people satisfied with their work is clearly higher than in the 1990s.

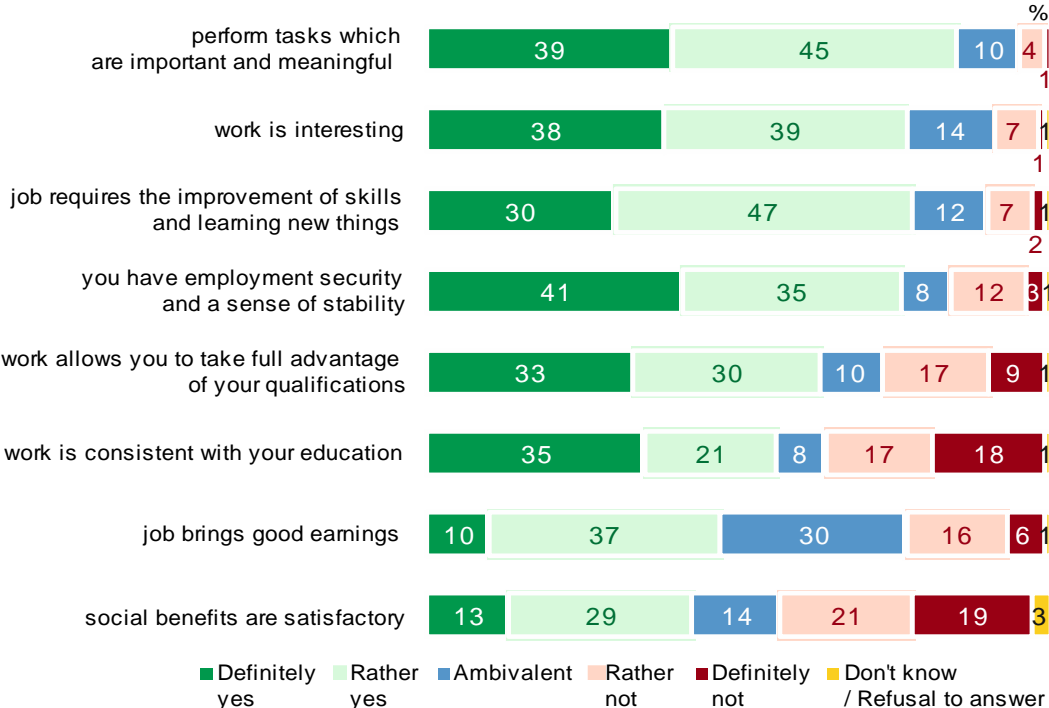
Overall, are you satisfied with your work?



It is commonly believed that work is a source of self-realization. More than four-fifths of Poles who are economically active (84%) believe that the tasks they perform at work are important and make sense. More than three-quarters consider their work interesting (77%), declare that they have job security and a sense of stability (77%), and say that it requires

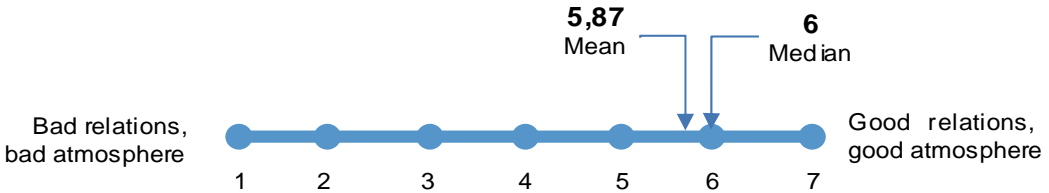
them to improve their skills and learn new things (76%). The evaluation of work in terms of using the acquired qualifications and education is slightly worse. However, the majority (63%) of respondents claim that their current job allows them to take full advantage of their qualifications, and more than half (56%) say that it is compatible with their education. Issues related to the material dimension of work are assessed significantly worse. Less than half of the employed (47%) say that their current job brings them good wages. Social benefits related to gainful employment are rated the worst. Only a slight plurality of employees consider them satisfactory (42% satisfied, 40% dissatisfied).

Please evaluate your current work in various respects. In your current job, do you...

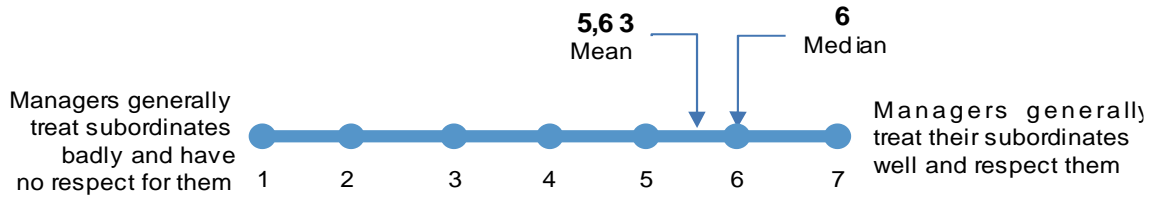


Polish employees have a good opinion of the general atmosphere and relations in their workplace and the attitude of managers to their subordinates, although the average grades are slightly worse in the latter aspect.

How would you rate the general atmosphere and personal relations in your workplace?

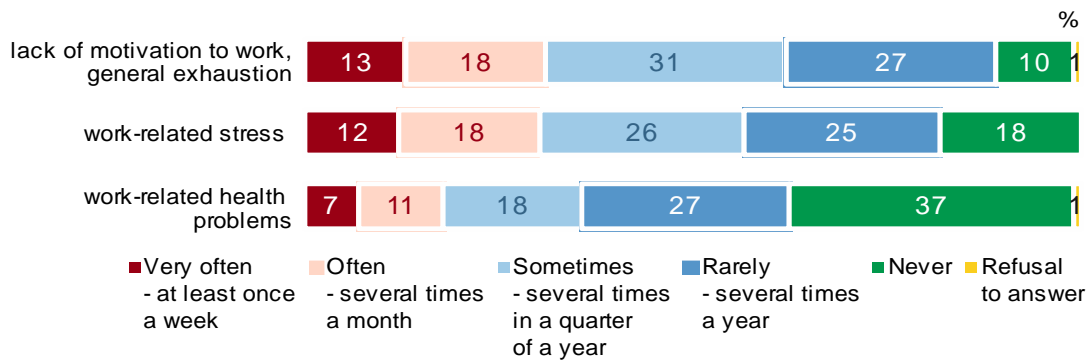


How would you rate the attitude of managers to subordinates in your workplace?



Despite high job satisfaction, the majority of employees experience work-related exhaustion and stress, including almost one-third feeling it several times a month or more. Fewer people suffer from work-related health problems: around a fifth (18%) experience them frequently.

How often do you feel:



More information about this topic can be found in CBOS report in Polish: "Job Satisfaction and Evaluation of the Impact of Work on Other Spheres of Life", December 2021. Fieldwork for national sample: October 2021, N=1157. The random sample is representative for adult population of Poland.