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Attitude towards other nationalities

This year, the ranking of the nationalities most liked by Poles is headed by Italians, with six out of ten respondents declaring sympathy for them (60%), and only 7% expressing dislike. Slightly fewer people have a positive attitude towards Americans (58%), Spaniards (55%) and Czechs (54%). Half have a friendly attitude towards the English (50%), and almost half feel so about Slovaks and

Norwegians (48% each). Over Attitude to other nationalities two-fifths declare sympathy for Nationalities Lithuanians (43%) and the French (42%), and slightly fewer are positive about Hungarians (40%) and Estonians (36%). Dislike for all the nationalities mentioned above is expressed less often than sympathy. It is lowest towards Italians and Spaniards (7% each) and Norwegians (8%), and the highest level of dislike in this group is declared towards Hungarians (21%). It is noteworthy that a large proportion of respondents (19%) do not have a specific attitude towards Estonians.

The nationalities that are likable and disliked to a similar degree are: Germans (33% vs. 32%), Turks (29% vs. 30%) and Chinese

Nationalities:						%	
Italians	60				26 7 8		
Americans	58				26 1		
Spanish	55			28		7 10	
Czechs	54		30		10 <mark>6</mark>		
English	50			30		13 7	
Slovaks	48			30		2 9	
Norwegians	48			31 8		14	
Lithuanians	43			31 14		12	
French	42	42		33	17	9	
Hungarians	40	40 29		.9	21	10	
Estonians	36		34		10	19	
Germans	33		30		32	<mark>5</mark>	
Ukrainians	30		27 38		38	<mark>5</mark>	
Turks	29		31		30	10	
Chinese	28	35			25	13	
Jews	26		32		32	10	
Palestinians	22	28		34		16	
Belarusians	20	24		48	3	9	
Roma	18	31		4	43	8	
Russians	8 14			72		6	
	Sympathy	Indiffere	nce 🗛	ntipathv	Don't k	now	

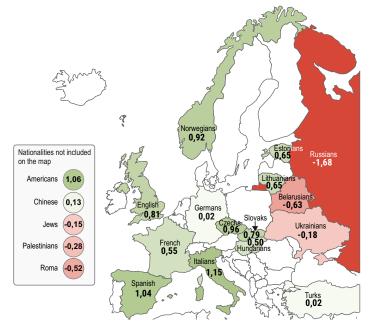
Sympathy Indifference Antipathy Don't know

(28% vs. 25%). Negative emotions prevail to a greater or lesser extent towards the remaining nations. This prevalence of antipathy is relatively small towards Ukrainians (38% of declarations of dislike vs. 30% of sympathy), Jews (32% vs. 26%) and Palestinians (34% vs. 22%), and larger towards Belarusians (48% vs. 20%) and the Roma (43% vs. 18%). Poles are most distant towards Russians, with the vast majority of respondents declaring dislike (72%) and sympathy is voiced by very few (8%).

After the improvement in attitudes towards many nationalities noted a year ago, this year we have seen a deterioration, expressed in a decrease in sympathy rather than a rise in dislike. The attitude towards neighbours has worsened significantly. This applies to Slovaks (a decrease in declarations of sympathy by 12 percentage points, an increase in dislike by 4 points), Ukrainians (a decrease in sympathy by 10 points, an increase in dislike by 8 points), Lithuanians (a decrease in sympathy by 8 points, an increase in dislike by 2 points), Germans (a decrease

in sympathy by 7 points), Czechs (a decrease in sympathy by 7 points, an increase in dislike by 3 points). In the case of Belarusians, this decrease was smaller (4 points, an increase in dislike by 1 point). Paradoxically, in the case of Russians, i.e. the least liked neighbour, the percentage of declarations of sympathy has not changed and it is still 8%, and the dislike has decreased slightly from 76% to 72%. However, it should be remembered that after Russia's invasion of Ukraine, its level was very high, reaching values not previously recorded in our research.

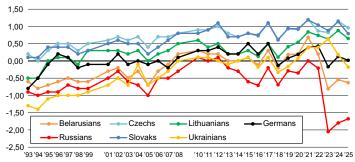
Attitude to selected nationalities. Average values on the scale from -3 (max. antipathy) to +3 (max. sympathy)



For the second time in a row, the attitude of Poles towards nationalities that gained very clearly in their eyes after the outbreak of the war in Ukraine has deteriorated. This applies to Ukrainians, Americans (a drop in sympathy by 7 points with an increase in dislike by 2 points) and the English (a drop in sympathy by 5 points with an increase in dislike by 3 points). However, it should be noted that after Russia's invasion of Ukraine, the attitude towards these nationalities was at a record high. Last year, we recorded an improvement in attitude towards nationalities that lost out particularly after the outbreak of the war, i.e. Russians, Chinese, Hungarians, Belarusians and Germans. This year, we have again recorded a deterioration in attitudes towards all of them, except for the aforementioned Russians. It is worth noting that in this group, Hungarians have clearly lost sympathy (a 6 percentage point drop in sympathy, a 4 point increase in dislike), and the change in attitudes towards them compared to the period before the outbreak of the war is very clear. In January 2022, they were still in the top three favourite nationalities.

Compared to the previous measurement, we have also recorded a decrease in sympathy towards Jews by 6 points and – compared to 2021, when we last asked about this nation – towards Norwegians, also by 6 points. When interpreting this data, it should be remembered that during the coronavirus pandemic, the attitude of Poles towards other nationalities generally improved and was exceptionally good.

Changes in attitudes to Poland's neighbours. Average values on the scale from -3 (max. antipathy) to +3 (max. sympathy)

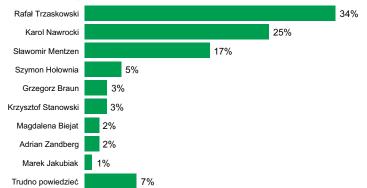


More information about this topic can be found in CBOS report in Polish: "The Attitude of Poles Towards Other Nations", February 2025. Fieldwork dates for the sample: January 2025, N=972. The random sample is representative for adult population of Poland.

Presidential elections

In the second half of February, about three months before the presidential elections in Poland, 71% of those eligible to vote are declaring participation with at least 99% probability. The greatest support of all potential voters regardless of the declared certainty of participation – is enjoyed by Rafał Trzaskowski, designated by the Civic Coalition (KO). If the first round of elections were to take place now, 34% of those interested in participating in the elections would vote for him. The candidate of Law and Justice (PiS) Karol Nawrocki (25%) would receive fewer votes, while Sławomir Mentzen of the Confederation for Freedom and Independence would be third, with 17%. The other candidates enjoy much less support. The Third Way candidate Szymon Hołownia could count on 5% of the votes, 3% would vote for Grzegorz Braun and Krzysztof Stanowski each, and even less, at 2% each, would support the left-wing candidates: Magdalena Biejat from the Left and Adrian Zandberg from the party Razem (Together).

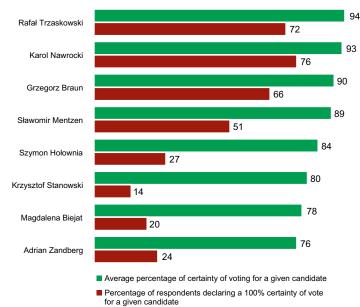
Who would you vote for in the presidential election?



Candidates with the fewest indications were omitted

The potential voters of Rafał Trzaskowski and Karol Nawrocki are the most certain of voting for the candidates they have indicated. In the case of these two politicians, we also observe the highest percentages declaring 100% support. Voters of Grzegorz Braun and Sławomir Mentzen are also relatively sure of their decision, although in the case of the latter, only half are certain of giving him 100% support. Less certainty of voting – especially when taking into account the percentages of respondents declaring a 100% intention to vote for a given person – is visible in case of Szymon Hołownia, Adrian Zandberg, Magdalena Biejat, and Krzysztof Stanowski.

To what extent, in percentages, are you certain that you will vote for this candidate?



Candidates with fewest indications were omitted

We checked how electorates of individual political parties will vote in the presidential election. The preferences of KO supporters are the most clear-cut: 94% of them support Rafał Trzaskowski. Karol Nawrocki can count on votes from PiS supporters to a slightly smaller extent (82%), and Sławomir Mentzen and Szymon Hołownia are even less popular in the electorates of their political groups. Sławomir Mentzen's candidacy is supported by 71% of the Confederation electorate, while one-eighth would vote for Grzegorz Braun (12%). Among the Third Way electorate, Szymon Hołownia enjoys the greatest support (70%), but one-ninth of them want to vote for Rafał Trzaskowski (11%), while Magdalena Biejat and Sławomir Mentzen also have their share of this group of voters (4% each). The electorate of the Left is definitely the most divided in its preferences. The most popular candidate among them is Rafał Trzaskowski (39%), over a quarter would vote for Magdalena Biejat (27%), and one-eight would support Adrian Zandberg (12%).

Among voters without specific party sympathies, Sławomir Mentzen and Karol Nawrocki are the most popular (14% and 13% of declarations of vote, respectively), and one in ten would support Krzysztof Stanowski (10%).

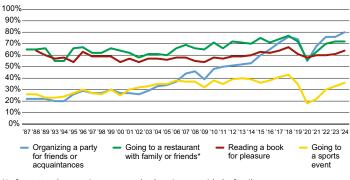
More information about this topic can be found in CBOS Flash report in Polish: "Voting in the Presidential Elections", February 2025. Fieldwork dates for the sample: February 2025, N=1002. The quota sample is representative for adult population of Poland.

Activities in 2024

In 2024, the vast majority of Poles went to a restaurant with family or friends (80%). The percentage of people who went out to eat with someone close at least once increased by 4 percentage points compared to 2023, reaching the highest result in the history of our measurements, i.e. since 1987. It is four times higher than 30 years ago: in 1994, 20% of respondents declared going to a restaurant with family or friends. Other activities related to spending free time, such as going to the cinema, theater, an exhibition or a sporting event, were also indicated by a larger group than in the previous year. However, despite the increase in the percentage of people who took part in a sporting event and read at least one book for pleasure, these results are not as high as in 2018.

Activities in which respondents participated at least once in a given year

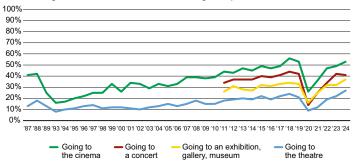
Percentages of indications concerning the year



*Before 2016, the question concerned only going out with the family

Activities in which respondents participated at least once in a given year

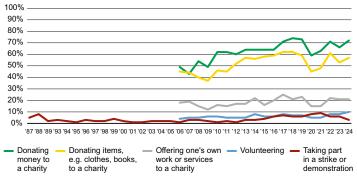
Percentages of indications concerning the year



Compared to the previous year, social engagement of Poles has also increased and more people declare that they have donated money to charity. The share of people who gave things, e.g. books or clothes, as part of charity campaigns has increased, and slightly more people than in 2023 worked as volunteers. At the same time, the percentage of Poles who borrowed money from friends at least once in the past year has decreased to 7%, and 60% of respondents bought themselves something attractive and unplanned. This indicates the good financial condition of a significant part of Polish households.

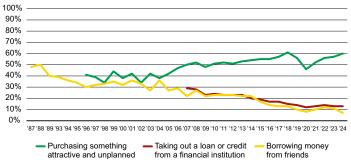
Activities in which respondents participated at least once in a given year

Percentages of indications concerning the year



Activities in which respondents participated at least once in a given year

Percentages of indications concerning the year

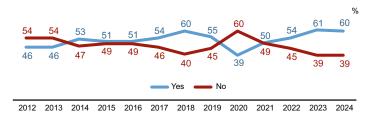


More information about this topic can be found in CBOS report in Polish: "Activities and Experiences of Poles in 2024", February 2025. Fieldwork dates for the sample: January 2025, N=972. The random sample is representative for adult population of Poland.

Holiday travel

In 2024, three-fifths of adult Poles (60%) went on at least a two-day holiday outside their place of permanent residence, which is almost the same as in 2023. This is one of the three highest results recorded since we started asking about this type of travel, i.e. since 2012. A similar percentage of respondents took this form of holiday in 2018.

In the past year, did you travel for pleasure or tourism for at least 2 days, with at least one overnight stay?



In 2024, as before, Polish tourists most often spent their holidays exclusively in their own country (31%), but the share of such people among all respondents decreased significantly (a drop of 5 percentage points). On the other hand, the percentage of respondents traveling abroad increased significantly once again. Compared to 2023, the number of respondents who went on both domestic and foreign holidays increased by 2 points (16%), and the proportion of those who declared only foreign trips increased by 3 points (13%). In total, 29% of adult Poles spent at least one night on holiday abroad last year, which is the highest percentage since we began researching this issue in 2010.

Where did you go on holiday?*

					%
2010	29	5 8		59	
2011	28	69		58	
2012	31	6 9		54	
2013	31	7 8		54	
2014	35	7	11	47	
2015	31	8 1	2	49	
2016	32	9 1	10	49	
2017	35	8	11	46	
2018	36	9	15	4()
2019	32	11	12	45	
2020	30	4 5		60	
2021	39	4	7	49	
2022	36	7	11	45	
2023	36	10	14	3	9
2024	31	13	16	3	9
	only in Poland	only abroad	■both in Pola	and and abroad	not travelling

* In 2010–2011, the surveys were conducted before the end of the year, therefore the respondents' declarations concerned both the trips already made and those planned by the end of the year; Missing data were omitted

More information about this topic can be found in CBOS report in Polish: "Tourist Trips of Poles in 2024 and Plans for 2025", February 2025. Fieldwork dates for the sample: January 2025, N=972. The random sample is representative for adult population of Poland.

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